
IMAGE

Parameatal Urethral Cyst

A 10-year-old child presented with a soft globular swelling near opening of glans penis, present since two years. It was associated with mild dysuria, but without obstruction of stream of urine. Examination showed solitary, well-defined, non-tender, spherical cyst measuring 1×1cm, adjacent to meatal opening (**Fig. 1**).

Parameatal urethral cyst is rare clinical entity, first reported by Thomson and Lantin in 1956. Usual diameter of these cysts is 1 cm and it occurs on lateral or ventral margin of urethral meatus. These cysts may present at birth or spontaneously in early childhood. Exact etiology for the development of cysts is not known; however, infections may be a possible trigger. They are usually asymptomatic but few children may present with dysuria, poor stream of urine or urinary retention.

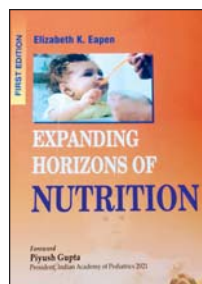
Possible treatment options available are watchful waiting, needle aspiration, marsupialization and complete surgical excision. For good cosmetic results and less recurrence, complete surgical excision of the cyst is best option. Differential diagnosis includes fibro-epithelial cyst, pilo-sebaceous cyst and epidermoid cyst.



Fig. 1 Translucent cyst measuring 1X 1cm on ventral aspect of urethral meatus.

SANTOSH RATHOD, SHEKHAR NEEMA*
*Department of Dermatology,
Armed Forces Medical College,
Pune, Maharashtra.
shekharadvait@gmail.com

BOOK REVIEW



Expanding Horizons of Nutrition
ELIZABETH K EEPEN

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Noble Vision (Medial Book Publishers)
Dilshad Colony, Delhi.
Total Pages: 217; Price: 600/-.

Nutrition Science knowledge is an important component of practicing pediatrician. This informative book 'Expanding Horizons of Nutrition' contains ten sections. It provides concise updated information on interactions between Nutrition and Immunity, Nutrition Transition and Triple burden of Nutrition disorders, nutrition needs in infancy and adolescence, and Nutrition needs of

children actively participating in sports. The authors have provided a commendable summary of nutrition issues pertinent in today's context, especially about nutrition transition and triple pandemic burden in the country. Adequate Nutrition is essential for immunity and prevention of diseases. A unique section is on eating disorders from infancy to adolescents. This section provides excellent information on recent advances.

This book is strongly recommended for practicing pediatricians and also for under-graduate medical students.

UMESH KAPIL
*Former Prof and Head
Human Nutrition Unit, AIIMS, Delhi;
Secretary, National Academy of Medical Sciences, India.
umeshkapil@gmail*