plasty (with accurate apposition of flaps of vaginal and hymenal mucosa as described above) gives excellent cosmetic result than hymenotomy (simple incision only) or hymenectomy (excision of membrane). In an orthodox society of ours, it is recommended as the procedure of choice. However, adequate control of infection and enough experience in neonatal surgery are the pre-requisites.

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## Serum Iron and Total Iron Binding Capacity in Anemias in Children

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Anemia results in significant morbidity and mortality in children and constitutes a public health problem of considerable importance. Majority of anemic children have some nutritional deficiency, the iron defi-

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Reprint requests: Dr. B.D. Gupta, E-22/11, Umaid Hospital Campus, Jodhpur 342 003. Received for publication February 8, 1990; Accepted August 29, 1991 ciency being the most common(1). Therefore, the present study was conducted to know the significance of serum iron, total iron binding capacity and transferrin saturation in differentiation of anemias in children.

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### **Material and Methods**

The study was conducted in the Department of Pediatrics, Regional Institute of Maternal and Child Health, Dr. Sampurnanand Medical College, Jodhpur, from May to December, 1988. Forty anemic (28 males and 12 females) children were selected and lower normal values of hemoglobin were taken as the cut off point in different age groups, as suggested by Pearson(2), i.e., upto 2 weeks 13.0, 2 weeks to 6 months 9.5, 6 months to 6 years 10.5, and 6 to 12 years 11 g/dl. Hematologic investigations like hemoglobin, total leucocyte count, differential leucocyte count, peripheral blood film, total red blood cell count, packed cell volume, mean corpuscular volume, mean corpuscular hemoglobin, mean corpuscular hemoglobin concentration, serum iron(3) and total iron binding capacity (TIBC)(4) were done in all the cases, while bone marrow examination, fetal hemoglobin and reticulocyte count were carried out whenever indicated. Twenty five normal age matched healthy children (19 males and 6 females) served as controls.

Transferrin saturation below 16% formed the basis of diagnosis of iron deficiency anemia (5,6) while dimorphic anemia was diagnosed on the basis of red cell morphology in peripheral blood smear (2).

## Results

The values of serum iron, TIBC and

TABLE I-Serum Iron and TIBC in Control and Anemic Children

	Type of anemia	No. of cases	Serum iron (µg.dl) Mean±SD	TIBC (μg/dl) Mean±SD	Transferrin saturation (%)
2.	Iron deficiency anemia	25	50.9 ±11.7**	416.7 ±26.3**	12.2**
3.	Dimorphic anemia	. 7	$65.5 \pm 25.0*$	413.9 ±37.7**	15.8
4.	Hemolytic anemia	5	197.6 ±23.2**	244.9 ± 14.7	57.2**
5.	Aplastic anemia	2	236.0	355.4	66.7
6.	Leukemia	1	113.4	338.2	33.5

<sup>\*</sup> p < 0.01; \*\* p < 0.001

transferrin saturation in controls and anemic children are shown in *Table I*. The serum iron was significantly elevated (p<0.001) and TIBC was significantly reduced (p<0.001) in hemolytic anemia as compared to iron deficiency or dimorphic anemia. Mean transferrin saturation was 12.2% in 25 cases of iron deficiency anemia and 15.8% in 7 cases of dimorphic anemia.

#### Discussion

The mean levels of serum iron, TIBC and transferrin saturation in healthy children were  $102.3\pm13.1~\mu g/dl$ ,  $311.2\pm26.8~\mu g/dl$  and 32.8%, respectively and were within the range reported by other workers (7-9).

The mean serum iron in cases of iron deficiency anemia was  $50.9 \mu g/dl$  in this study as observed by other workers(10-15). Similarly, mean TIBC was raised to 416.7  $\mu g/dl$  in iron deficiency anemia, corresponding to the values obtained by other workers(13,15). Transferrin saturation in iron deficiency anemia was 12.2% in our study.

In hemolytic anemia mean serum iron was  $197.6 \,\mu\text{g}/\text{dl}$ , TIBC was  $244.9 \,\mu\text{g}/\text{dl}$  and transferrin saturation was 57.2%. The increase in serum iron in hemolytic anemia

is due to excessive destruction of red cells and increased absorption of iron from the gut.

On examination of peripheral blood film, out of these 40 anemic children, 29 had microcytic hypochromic picture. Amongst these, 25 had transferrin saturation of less than 16% and were diagnosed as iron deficiency anemia. The rest 4 patients had transferrin saturation of more than 50% and were confirmed to be hemolytic anemia by other appropriate tests. Transferrin saturation was less than 16% in 4 (57.1%) and more than 16% in 3 (42.9%) cases of dimorphic anemia. Among four patients who showed normocytic normochromic picture, transferrin saturation was raised in all except one case of leukemia in which it was normal.

Thus, it can be concluded that transferrin saturation is not only a diagnostic criterion for iron deficiency anemia but it also helps in differentiation of various types of microcytic hypochromic anemias.

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# Dermal Organophosphorus Poisoning in a Girl with a Hip Spica

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Organophosphorus compounds available as pesticides and insecticides are a common cause of poisoning in India. Ignorance amongst the public of the lethal potential of these chemicals absorbed through the dermal route led to serious intoxication in a young girl. The peculiar mode of poisoning prompted us to share this unique experience.

## Case Report

A 3-year-old girl presented with a two day history of vomiting and loose stools. In the 24 hours preceding admission, child had altered sensorium, excessive frothing from mouth and twitching movements of the facial muscles. She had fractured her right femur a fortnight ago and had a hip

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