Aplasia Cutis Congenita with Congenital Contracture of Knee

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Aplasia cutis congenita is a rare developmental anomaly that most commonly involves vertex of the scalp and may be associated with other congenital anomalies. Although isolated congenital absence of skin and congenital knee contracture is known, association of these two conditions is not reported. We report on a child with absence of skin of left lower limb with contracture of left knee at birth.

Case Report

A two days old full term female child was admitted with complaints of absence of skin on left lower limb and inability to extend the left lower limb since birth. He was the first child of non-sanguineous parents without any significant antenatal or family history. General, systemic and neurological examinations were within normal limits. Local examination revealed circumferential absence of skin on lower two thirds of left thigh, knee, leg and foot. The granulation was healthy. Examination of the knee revealed fixed flexion contracture (Fig. 1).

X-ray of left lower limb showed no bony abnormality. The patient was treated with dressing and antibiotics. Posterior plaster slab was applied in extension for knee contracture. The lesions were healing well. We advocated skin grafting but the patient did not turn up.

Discussion

Aplasia cutis congenita is a disorder in which localized or widespread areas of skin are absent at birth. The defect most commonly involves vertex of the scalp(1) and presents as solitary or multiple ulcers measuring up to several centimeters in diameter. Other parts of the body such as the trunk or limbs may be affected, often symmetrically, with or without accompanying scalp lesions(2). Association with other developmental abnormalities such as a cutaneous organoid nevi, cleft lip and palate, syndactyly, clubbing of hands and feet, congenital heart disease, vascular lesions and malformations of the brain are known(2,3).
Although the exact etiology of the condition is unknown, the varms postulated causes are autosomal dominant and autosomal recessive transmission of the defect(2), amniotic adhesions, intrauterine trauma, drugs (particularly the antithyroid drug, methimazole(4) and vascular thrombosis in infants with lesions on the trunk and limbs(5). Lesions on the scalp usually heal uneventfully with cicatricial alopecia(6). The lesions which fail to heal can be grafted with split thickness skin graft.

The case under discussion had congenital absence of skin on left lower limb but the lesion was asymmetrical and without associated lesion of the scalp. The rare association of congenital contracture of knee with aplasia cutis congenita prompted us to report the case, which is a rare presentation along with aplasia cutis congenita.

REFERENCES